

## **Personal, Social and Health Education (PSHE) POLICY**

At Shipley CE Primary School, We believe that PSHE and Citizenship education enables children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so, we help to develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through pupil voice and opportunities to vote. We teach children about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society.

We aim to provide an environment where pupils learn about relationships in the context of the Christian narrative.

### **PSHE is delivered through the Programme of Study for PSHE Education which includes:**

#### **Health and wellbeing**

- To know and understand what is meant by a healthy lifestyle
- To be aware of personal safety issues
- To develop self -confidence and self-esteem
- To be informed about how to keep safe on line
- To help pupils develop healthy and safe lifestyles, including educating them about the dangers of unsafe drug use.

#### **Relationships**

- To understand and respect the diverse range of relationships
- To have respect for others
- To make informed choices regarding personal and social issues

#### **Living in the Wider World**

- To be thoughtful and responsible members of their community and their school
- To become active members of a democratic society
- To prepare pupils to play an active role as citizens

### **Teaching Methods include:**

- Regular explicit teaching opportunities and cross curricular links
- Discrete teaching time and/or specific 'blocked' time for certain aspects of the programme
- The Religious Education programme
- The Collective Worship programme and Values for Life
- The school's mission statement
- The use of a range of resources - Christian Aid, TACADE and other materials where appropriate and relevant
- A learning climate which enables teachers to respond to opportunities that arise e.g. personal experiences, school, local, national and international events.
- Providing opportunities for enterprise and creative thinking
- Forest School – co-operative group tasks, risk assessments, conservation
- Circle time
- Small group interventions to support social skills, pupil wellbeing

### **Assessment**

PSHE is assessed by teachers and reported to parents at parents evening and through the annual reports to parents. Development in EYFS is continually assessed and recorded in Tapestry.

### **Monitoring**

**The governors** are responsible for ensuring that the PSHE programme follows Diocesan guidelines and is in keeping with the Church's teachings. The relevant committee will report to the FGB.

In all matters related to PSHE and especially Sex and Relationship Education governors will ensure that parents are consulted on the contents of the programme and given an opportunity to view resources.

**The PSHE subject leader** is responsible for ensuring the effective delivery of the PSHE programme, which is well planned and appropriately matched to age and levels of understanding and in keeping with the Christian ethos of the school.

This policy should be taken in conjunction with:

- Safeguarding policy
- Behaviour policy
- Anti-bullying policy
- Spiritual, Moral, Social and Cultural policy
- Relationships and Sex Education policy
- Collective worship policy
- E safety policy

### **COVID Statement**

Remote learning and disruption to schooling has made it difficult to assess pupils' development in PSHE. Staff track their engagement in learning through face-to-face sessions and learning platforms.

### **Mental Health and Well-Being**

The PHSE curriculum has been adapted to respond to current and emerging needs around the pandemic.